

Dear NPC Athlete:

With this letter you will find the entry form for the 2012 NPC JUNIOR USA BODYBUILDING CHAMPIONSHIP, Bodybuilding, Fitness Figure, Men's Physique, Women's Physique, Bikini Championships, to be held May 19 at the North Charleston Performing Arts Center (Charleston, S.C). Please read the entire JR USA information thoroughly as it contains important material. There are separate entry forms for bodybuilding, fitness, figure, bikini, WPD and MPD competitors. The application must be fully completed and signed. If you are under 18 years old, make sure that your parent or guardian signs it. Once the application has been completed, send a money order - no personal checks - to pay for your entry fee and return it where instructed in your official entry form. Keep the information brochure for your own reference. There are no entry refunds.

ENTRY FEE: \$100 ENTRY DEADLINE IS MONDAY, APRIL 30, 2012. ENTRIES POSTMARKED BETWEEN APRIL 30TH AND MAY 4TH, THE ENTRY FEE IS DOUBLED TO \$200. . ABSOLUTELY NO ENTRIES WILL BE ACCEPTED IF POSTMARKED AFTER MAY 4, 2012.

Ticket Prices (Taxes and Fees apply):

FINALS: \$60 & \$45 - All Seats Reserved

PREJUDGING: Saturday Morning - \$25, (open seating).

If you have any questions on eligibility requirements, please call either Sandy Ranalli (all women athletes) at 818-400-1060 or email her at [Sandyonsandylane@yahoo.com](mailto:Sandyonsandylane@yahoo.com), or Peter W. Potter (men) at 954-763-2718, email [usasports@juno.com](mailto:usasports@juno.com).

For all other information, call Tres Bennett, 843.270.4373, email [tresb@comcast.net](mailto:tresb@comcast.net).

Good Luck!

Tres Bennett

2012 NPC JUNIOR USA BODYBUILDING CHAMPIONSHIP \*BODYBUILDING\*MENS  
PHYSIQUE\*FITNESS\*FIGURE\*WOMENS PHYSIQUE\*BIKINI CHAMPIONSHIPS

ELIGIBILITY REQUIREMENTS

1. All contestants must be registered as athletes with the computer service of the National Physique Committee as of APRIL 30, 2012 (entry deadline). For an application, contact the NPC at

P.O. Box 3711, Pittsburgh, PA 15230 (412-276-5027).

YOU MAY NOT REGISTER FOR AN NPC CARD ON THE DAY OF THE CONTEST.

2. You MUST be a U.S. Citizen to enter this event and proof MUST be sent with entry (copy of birth certificate, voter registration, passport, or DD214 (military discharge). Driver Licenses and Social Security Cards ARE NOT proof of citizenship.

\*\*\*BODYBUILDING ONLY WILL ACCEPT LEGAL RESIDENT ALIEN GREEN CARDS. ALL OTHER DIVISIONS COMPETITORS MUST BE UNITED STATES CITIZENS.\*\*\*

3. You MUST NOT be currently under suspension by the NPC.

4. In order for a U.S. athlete to be eligible for the 2012 NPC JUNIOR USA BODYBUILDING CHAMPIONSHIP the athlete must have competed since January 1, 2011 and obtained one

of the following placements in an NPC event:

- Among the first 5 in his/her weight group in the National, USA or Team Universe Championships or IFBB North American.
- Among the first 5 in his/her weight group in the Jr. National or Jr. USA Championships.
- As the winner in each weight class in the Teenage, Collegiate or Masters National Championships.
- Among the first 2 in his/her weight class in the Armed Forces National Championships.
- First Overall in an area Championship of the unrestricted class.
- Among the first 2 in his/her weight class in an area level Championship designated as a National Qualifier.
- As the Overall winner in a District-Level Championship designated as a national qualifying contest.
- Fitness or Figure competitors must have placed in the top 5 in an NPC-sanctioned fitness event since January 1, 2011, and must be eligible under Items 1, 2, and 3.
- Class Winners of the Nationals and USA will be given 5 years of eligibility.
- Overall Fitness Winner Earns IFBB Pro card (2 Height Classes)
- Top 3 in the Overall Figure & BIKINI Comparison Earn IFBB Pro cards (6 Height Classes)

\* Both class winners in Mens and Womens Physique earn "Pro Cards"

\*\*\*THERE WILL BE NO QUALIFICATION NECESSARY FOR THE 2012 WOMENS PHYSIQUE NPC JUNIOR USA\*\*\*

FOR INFORMATION CONCERNING ELIBIBILITY AND ACCEPTANCE, CONTACT:

TRES BENNETT

1816 CHELWOOD CIRCLE

CHARLESTON, SC, 29407

843.270.4373

tresb@comcast.net

2012 NPC JUNIOR USA CHAMPIONSHIP BODYBUILDING\*MPD\*FITNESS\*FIGURE\*WPD\*BIKINI

ENTRY DEADLINE APRIL 30, 2012

ENTRY FEE: \$100 ENTRY DEADLINE IS MONDAY, APRIL 30, 2012. ENTRIES RECEIVED BETWEEN APRIL 30TH AND MAY 4TH, THE ENTRY FEE IS DOUBLED TO \$200. ABSOLUTELY NO ENTRIES WILL BE ACCEPTED IF POSTMARKED AFTER MAY 4, 2012

Checklist:

\_\_\_\_\_ Entry Blank – Signed and completed

\_\_\_\_\_ Copy of your 20012 NPC card

\_\_\_\_\_ Proof of U.S. Citizenship: Birth Certificate, Voter Registration Card, Passport or DD214.

\*\*\*\* Bodybuilders ONLY will accept Green Cards

\_\_\_\_\_ Money Order only for \$100 made payable to SOLID ATTITUDE ENTERTAINMENT, INC.

\_\_\_\_\_ Men: Return Entry Form by Certified Mail, Express Mail, UPS Next Day or Fed-Ex to Tres Bennett.

\_\_\_\_\_ Women: Return Entry Form by Certified Mail, Express Mail, UPS Next Day or Fed-Ex to Tres Bennett.

WEIGHT DIVISIONS

MEN

Bantamweight: 143-1/4 lbs. & under

Lightweight: over 143-1/4 lbs. to & including 154-1/4 lbs.

Middleweight: over 154-1/4 lbs. up to & including 176-1/4 lbs.

Light-Heavyweight: over 176-1/4 lbs. up to & including 198-1/4 lbs.

Heavyweight: over 198-1/4 lbs. up to & including 225-1/4 lbs.

Super-Heavyweight: over 225-1/4 lbs.

#### WOMEN

Lightweight: 125 lbs & under.

Heavyweight: over 125 lbs.

#### FITNESS

A: up to and including 5'3"

B: over 5'3"

#### FIGURE

- Up to 5'1"
- Over 5'1" and up to and including 5'2-1/2"
- Over 5'2-1/2" and up to and including 5'4"
- Over 5'4" and up to and including 5'5-1/2"
- Over 5'5-1/2" and up to and including 5'7"
- Over 5'7"

#### BIKINI

- Up to 5'1"
- Over 5'1" and up to and including 5'2-1/2"
- Over 5'2-1/2" and up to and including 5'4"
- Over 5'4" and up to and including 5'5-1/2"
- Over 5'5-1/2" and up to and including 5'7"
- Over 5'7"

MEN' PHYSIQUE DIVISION: ONE CLASS: 2 classes to be determined after check-ins.

WOMENS PHYSIQUE DIVISION: 2 classes to be determined after check-ins.

#### ENTRY FEE

MONEY ORDER MADE PAYABLE TO SOLID ATTITUDE ENTERTAINMENT, INC.

\$100 for ALL athletes.

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COMPETITION SUITS MUST BE WORN BY BODYBUILDERS TO WEIGH-IN / CHECK-IN. IF YOU HAVE ANY DOUBT ABOUT THE SUIT STYLE, BRING A SECOND SUIT!

#### MUSIC / NPC REGULATIONS

- All contestants MUST supply their own music and bring TWO copies to the mandatory athlete's meeting. Bodybuilders' music not to exceed 90 seconds and fitness contestants not to exceed 2 minutes.
- Posing music MUST be on an otherwise blank cassette tape or CD and MUST be cued to your music. NO PROFANITY!
- CD's and cassettes will be collected at the mandatory athletes' meetings prior to prejudging.
- Men and Women bodybuilding contestants will not use music at the prejudging. There will be 45 seconds of posing in prejudging for bodybuilders and womens physique..
- Women's Fitness competitors will be allowed to use music at the prejudging (2 minutes).
- No "T" back suits, metallic or vinyl will be allowed. However, female bodybuilding competitors will be allowed to wear multi-colored posing suits and jewelry at the evening show. Emphasis is on "good taste"!
- Additional regulations pertaining to fitness and figure competitors only are set forth on the Fitness and Figure Entry Forms.

#### POSING AND AWARDS

The top 15 competitors in each bodybuilding class and top 15 fitness, figure & bikini finalists in each height class will be introduced on stage at the finals. The top five in each bodybuilding class will perform their routines. The top five fitness competitors in each height class will perform their routines and will be compared in their two-piece swimsuit, as will the top five figure competitors. The top five athletes in each bodybuilding class plus an overall men's and women's winner and the top five fitness, figure and

bikini winners in each height class plus an overall fitness, figure and bikini winner will be awarded trophies. Pro Cards will be awarded to "THREE" class winners in both the Figure and Bikini divisions. A Pro Card will be awarded to the "overall" Fitness winner. The Women's Physique and Men's Physique Divisions will be awarded "TWO" Pro Cards each.

#### HOST HOTEL

Hyatt Place Charleston Airport/Convention Center

3234 West Montague Avenue North Charleston, SC 29418,

USA Phone: +1 843 302 8600 Fax: +1 843 302 8601

#### REIMBURSEMENT FOR TRAVEL

The Overall Men's and Women's Bodybuilding Winners and the will receive up to \$150 toward travel reimbursements (with proof of travel expenses).